

72-HOUR KITS

72-hour kits are a collection of supplies you would need to survive for three days if you had nothing else because of a disaster. This list is a compilation of lists made by several different emergency response agencies. Those lists are divided into categories. This one is in alphabetical order so you can think about each item individually and decide if you want to include it in your kit. NO ONE NEEDS EVERYTHING ON THIS LIST!!!! Think about your situation and the degree of comfort you wish to achieve. Be selective. Weight and space matter. Include only the things you will use. Package your kit so it's easy to carry and store it where it's easy to get.

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| Air mattress | Emergency manual | Matches |
| Ax | First aid kit and manual | Metal cup |
| Blankets | band-aids | Paper towels |
| Batteries | gauze, rolled and flat | Pet food |
| Boredom busters | medication for pain, | Pillow |
| books | digestive problems, | Plastic bags with ties, large and small |
| games | allergies, etc. | Plastic wrap |
| pencil and paper, etc. | prescription medications | Plastic sheeting |
| Bucket with tight fitting lid | Q-tips | Poncho |
| Candles | scissors | Porta-potty |
| Can opener | tape | Radio |
| Cash | tweezers | Rain gear |
| Change of clothes (Provide
for seasonal fluctuation) | Feminine hygiene needs | Rope |
| Chap stick | Fingernail clippers | Safety pins |
| Chemical hand warmers | Fire extinguisher | Shampoo |
| Clock | Flares | Shovel |
| Comb and brush | Flashlight and batteries | Sleeping bags |
| Contact information-Important
phone numbers and addresses | Food (ready to eat: 9 meals/person | Soap |
| Copies of important papers | canned foods | Solar battery charger |
| bank account numbers | dried fruit | Space blankets |
| birth certificates | freeze dried foods+ water for prep | Sunblock |
| driver's license | granola bars | Sun glasses |
| insurance papers | hard candy | Siphon |
| family photos | MRE's (ready to eat military meals) | Tarps |
| will, etc. | Garbage bags and ties | Tent |
| Cook stove and fuel | Glasses, contacts and solutions | Toilet tissue |
| Dental floss | Goggles | Toothbrush and paste |
| Deodorant | Hand sanitizer | Toothpicks |
| Dishpan | Hatchet | Towels |
| Disinfectant | Infant needs | Wash cloth |
| Duct tape | Insect repellent | Water, 6 quarts-3 gallon/person |
| Dust masks | Keys (extra sets) | Water filter or purification |
| Eating utensils | Kleenex | Wet wipes |
| Emergency (space) blankets | Knife | Whistle |
| | Lotion | Work gloves |
| | | Wrench to turn off gas |